

October 29, 2018



# MHRT/C Certification Program Update

## Continuing Education

The new continuing education requirement applies to all Full MHRT/C certificates only, not Provisional certificates.

It is an 18 hour requirement over a two-year period, with at least four (4) of the hours in ethics training. All of the continuing education training must occur during the two-year expiration period.

The trainings used for continuing education must relate to one or more of the MHRT/C competencies. ([Click here](#) to see a complete list of the competencies.) SAMHS recommends that an individual consult with their supervisor about which competencies are needed to achieve their personal training goals and needs, and look for training in that area.

Some examples of eligible trainings are listed below. ([Click here](#) for more continuing education resources.)

1. A full-day face-to-face workshop (6 hours of education), called “Work: An Intervention” sponsored by CCSME. This is good for 6 hours applicable to the competencies under Domain 8, Vocational Support.
2. A three-hour online course called “Ethics: Life is Messy” sponsored by Adcare Educational Institute of Maine. This is good for 3 hours applicable to the competencies under Domain 3, Ethics and Professional Conduct. (At least 1 more hour in Ethics training would meet the minimum 4-hour requirement!)
3. An online course called “Advanced Strategies for Motivational Interviewing” sponsored by Relias. This is good for 1.5 hours applicable to competencies under Domain 2, Community Integration and Inclusion.
4. A full-day face-to-face training called “Suicide Prevention Gatekeeper Training” sponsored by NAMI Maine. This is good for 6 hours applicable to competencies under Domain 1, Behavioral, Psychological, and Rehabilitation Intervention Models.
5. A one-hour in-service training on person-centered treatment plans. With proper documentation, this could be good for 1 hour applicable to Domain 2, Community Integration and Inclusion. Documentation should include the name of the training and trainer, the number of hours, and the date.
6. A full-day face-to-face training called Work & Benefits Navigator Training, provided by MMC. This is good for 6 hours applicable to competencies under Domain 8, Vocational Support.

If you have any questions about whether or not a training meets the continuing education requirement, please do not hesitate to contact us.

Please do not apply for renewal sooner than 90 days before the expiration date on the certificate. Keep your training certificates on file, and send a complete package when you are ready to apply.

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# MHRT/C Certification Program Update

## Reminder:

Beginning next week, November 1<sup>st</sup>, we'll issue full and provisional MHRT/C and MHRT I certificates by email.

MHRT/C's will be sent directly to the individual. Therefore, we must receive the appropriate email address at the time of the application. Agencies may continue to request and receive MHRT I certificates for their employees. Additionally, agencies may submit applications for Provisional and Full MHRT I's electronically.

For the time being, the MHSS and MHRT/CSP certificates will continue to be issued by mail.

This effort will not only save resources, it will enable certificates to be issued more timely, putting it in the MHRTs' hands sooner. Thank you very much for your cooperation, and for your part in improving this process.

For more information, please contact us at [cfl-muskie@maine.edu](mailto:cfl-muskie@maine.edu), or (207) 626-5280.

**Please keep your questions and comments coming.  
We'll continue to update the FAQs page on our website:  
<http://cfl-muskie.org/index.php/mhrt-community-certification-program-updates> (scroll to near the bottom)**

### **Why we want your personal email instead of your work email:**

Your new certificate will be issued in the month your original certificate was issued. This could be several months from now. You might change jobs between now and then. Providing your personal email will ensure you receive your new certificate when issued. Submit your updated information to: [updatemhrtcontactinfo@cfl-muskie.org](mailto:updatemhrtcontactinfo@cfl-muskie.org)

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