



MHRT/C Certification Program Update

During this season of giving thanks...

we continue to face a deadly global pandemic, which has touched all of our lives in varying degrees. It affects our work, school, family and social lives, and presents constant decision points around risk and safety and how to move ahead. It might seem difficult, if not impossible, to feel gratitude when there's so much uncertainty. Yet in spite of all this, there are behavioral health providers continuing to serve our most vulnerable citizens. We wish to extend our sincerest thanks for all you do.

We also want to acknowledge your support during the transition to the new MHRT/C certification program. We realize there have been many changes and we appreciate your cooperation as we work to make it a high quality, improved program. Thank you!

Resources...

The state's new StrengthenME website offers free stress management and resiliency resources to anyone in Maine experiencing stress reactions to the COVID-19 Pandemic. The website is <https://strengthenme.com/>

Additionally, the Maine FrontLine WarmLine is a confidential and professional resource for healthcare providers who may need some help or guidance. Available 7 days a week from 8:00am until 8:00pm, callers will be connected with clinical professionals to assist **YOU**. Call 207-221-8196 or text "Frontline" to 898-211.

Important reminder...

Anyone with a Full MHRT/C (or II, III or IV) certificate **without an expiration date**, who contacts CFL before **12/31/20** to update their information, will be issued a new certificate effective the date CFL receives their updated contact information. The expiration date will be one year later to the end of the month. The certificate will not be backdated under any circumstance. Once issued, the individual must complete the normal continuing education requirements within this one year period in order to renew their certificate.

MHRT/C Continuing Education During the COVID-19 State of Emergency

Reminder - Individuals applying to **renew** their full MHRT/C certificates can complete the 18-hour continuing education (CE) requirement entirely online until 30 days *after* the Governor lifts the current civil state of emergency. They still must complete at least four (4) hours (of the 18 hours) in **Ethics**. The renewal application process remains the same. Please see our **Continuing Education webpage** for more information. Be sure to watch our website for updates to CE requirements.