

# List of videos for Mental illness portion of MHSS

## **Anxiety**

7 types of anxiety disorders

Psych2Go (8 Min)

[https://youtu.be/RuPPRLv\\_YSw](https://youtu.be/RuPPRLv_YSw)

Anxiety Cells found in brain

Tracy Marks

<https://youtu.be/H5OmDjY8VVk>

## **Mood**

Bipolar Disorder

<https://youtu.be/KSvk8LLBo2g>

What is schizoaffective disorder

Tracy Marks

<https://youtu.be/jc4R8IWTI8Y>

## **Psychotic**

Schizophrenia

Osmosis.org

<https://youtu.be/PURvJV2SMso>

What is psychosis

Tracy Marks

<https://youtu.be/3bg5TL7AwgU>

"I'm not sick"

TED Talk on anosognosia

<https://youtu.be/NXxytf6kfPM>

## **Personality**

Are personality disorders mental illness

Tracy Marks

<https://youtu.be/BuK9YT-NJzk>

## **Cognitive**

What's the difference between alzhiemers and dementia?

Trinity College Dublin

<https://youtu.be/RT907zjpZUM>

Lewy Body Dementia

Xpert Dox

<https://youtu.be/OMrPMEpEUm4>

Respectfully,

Shawna Chase

She/Her/Hers

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*"If you want others to be happy, practice compassion. If you want to be happy,*