HI TOOLBOX

TEAM

Crocodile River

A team-building activity in which a group is challenged to physically support one another in an endeavor to move from one end of a space to another. It requires working together creatively and strategically in order to solve a practical, physical problem. It tends to emphasize group communication, cooperation, leadership and membership, patience and problem-solving.

TIME FRAME	GROUP SIZE	FACILITIATION LVL	COMFORT ZONE	MATERIALS
60-120min	10-40+	Medium	Medium	See step 1

Step 1:

Space

For this exercise you need an outdoor space (preferably grass). About 15-25 meters long depending on the number of participants (about 1-1.5 meters per participant – if more than 15, count 1 meter and, if less than 15, 1.5 meters) and about 6-8 meters wide.

Materials

- Wooden planks, 1 per participant (about 20x10cm and a thickness of about 2-3 cm – to be magic stones).
- Two ropes about 6-8 metres long (to mark the banks of the river)
- A roll of tape, tennis ball or other similar-sized object (to be used as an oxygen mask)

Prepare the challenge by putting out the ropes marking the banks of the river. Pile the wooden planks on one of the banks. There should be as many planks as participants, minus one. With groups of 20 or more, create two teams, one on each bank of the river, crossing in opposite directions.

Step 2:

Assemble all participants on the bank where the planks are. Tell them that they may not yet touch the planks. Explain that they are about to undertake a challenge and must listen closely